

UNIT 2: SOCIAL IDENTITY

Psychological dimensions of social problems Prof. Sonsoles Calderón 2023/24

VOCABULARY OF THIS UNIT TO BE FAMILIAR WITH:

Ingroup / Outgroup Cognitions Majority/minority

Affiliation Feelings Bias

Self-concept / Self-esteem Behaviours Favoritism

Temporal / Permanent Prototype

Prompting Threat

• Let's start with a simple question:

HOW WOULD YOU INTRODUCE YOURSELF
TO AN UNKOWN PERSON?

Please, write down and share your notes in pairs in a few minutes.

HOW MANY ELEMENTS THAT YOU MENTIONED IN YOUR PRESENTATION REFER TO SOCIAL GROUPS?

(e.g. gender, career, age, geographical origin, religion, racial features, etc.)



ALL OF US IDENTIFY OURSELVES WITH SOCIAL GROUPS WHICH PROVIDE US WITH RELEVANT CHARACTERISTICS OF OUR SELF

• **DEFINITION:** Aspects of our self-concept derived from our knowledge and feelings related to group affiliations shared with others (Rosenberg, 1979; Tajfel, 1972).

• Every aspect of the self-concept which derives from membership to social groups.

SOCIAL IDENTITY turns "ME" into "US"

DO YOU THINK THIS DESCRIPTION WOULD HAVE BEEN DIFFERENT IF YOU WERE...

a) IN AN AFRICAN COUNTRY?

- **b)** IN A CONTEXT WHERE YOUR RELIGION/GENDER/CAREER IS A MINORITY?
 - c) IN A CONTEXT WHERE YOUR SEXUAL ORIENTATION IS FORBIDDEN?

Discuss these question in teams of 3-4 members



CONTEXTS CAN MODIFY THE RELEVANCE AND USE OF GROUP AFFILIATIONS AS COMPONENTS OF OUR IDENTITY

SELF-CLASSIFICATION

SELF-CLASSIFICATION: process of perceiving oneself as a member of a group (Turner y cols., 1987)

Regarding whether they change or not, **self-classifications can be**:

TEMPORAL/ PERMANENT



Can you think of group affiliations which will probably not change for the rest of your life?

What about affiliations which might be obsolete in... ten years? And in one hour?

Are all of them important to understand your behaviour?

SELF-CLASSIFICATION

CAN YOU ORDER THE FOLLOWING GROUP AFFILIATIONS

1) FROM LEAST TO MOST PERMANENT?

2) FROM LEAST TO MOST SIGNIFICANT FOR YOUR IDENTITY?

SEXUAL ORIENTATION

"Triunfito" YOU ARE FUN OF

SIGN IN THE ZODIAC

FOOTBALL TEAM YOU SUPPORT

TEAM YOU ARE WORKING WITH DURING THIS CLASS

GENDER

CAREER

HOW DO WE LEARN ABOUT OUR GROUP AFFILIATIONS?

We learn about group affiliations in a similar way than when we learn about other social groups:

BY WATCHING AND LISTENING HOW PEOPLE FROM DIFFERENT GROUPS BEHAVE



BY LISTENING WHAT OTHERS
TELL US ABOUT HOW PEOPLE
FROM DIFFERENT GROUPS
BEHAVE

Which "others" do you think are more relevant for this learning? Do they change along life? These "others" are always people who we know?

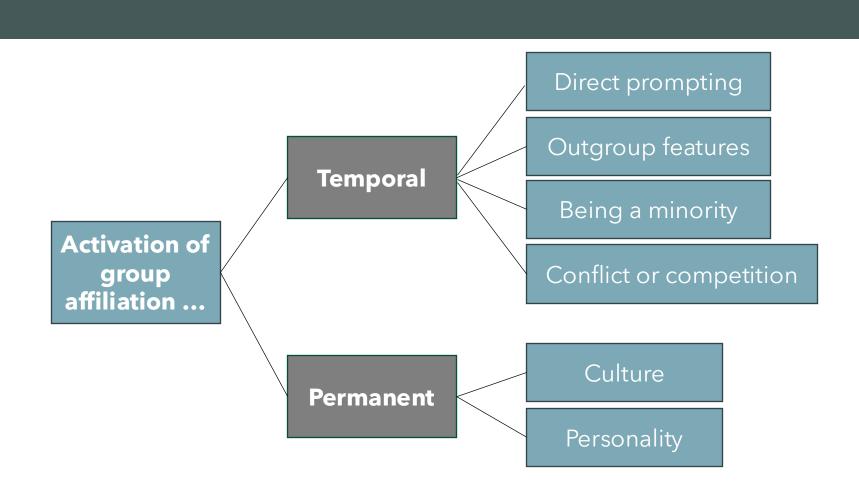
HOW DO WE LEARN ABOUT OUR GROUP AFFILIATIONS?

DISCUSS IN GROUPS (3-4 members):

Where have you learned

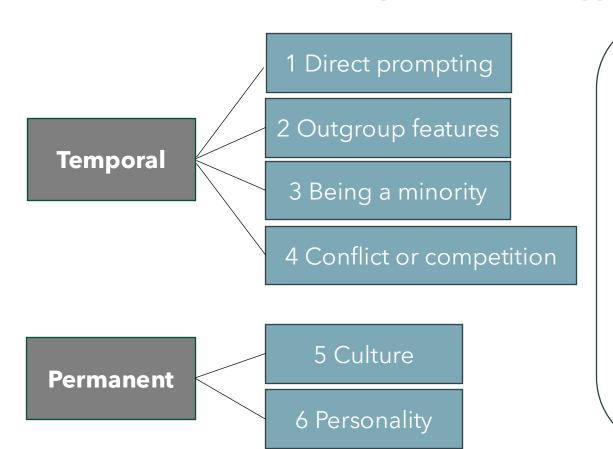
- a) what is a male/female job?
- b) how people behave in small towns/big cities?
- c) how do people from Arab/Asian/Latin countries celebrate parties?
- d) which are the most representative personality traits of natives from Galicia/Cataluña/Andalucía?

When is a group affiliation activated?



When is a group affiliation activated?

Connect each activation process with an appropriate example: (WORK IN PAIRS)



a)Being an Erasmus student

b)Collectivism/individualism and the value of family

c)Wearing a t-shirt of the rock band you are fun of

d)Being a woman in a career with a 95% men

e)Not smoking or drinking alcohol in a pub

f) Being part of a debate as a class activity where teacher decides which possition you must adopt

Effects of group affiliation in experimental contexts

WATCH THIS VIDEO: A Class Divided - Brown Eyes Blue Eyes Experiment (youtube.com) and ANSWER THE FOLLOWING QUESTIONS:

- Summarize the instructions the teacher gave to the children.
- What effects did these instructions have on children's behavior? And on their emotions?
- Why did these effects happen?
- Which are the main ethical implications of this experiment?

Effects of group affiliation in experimental contexts

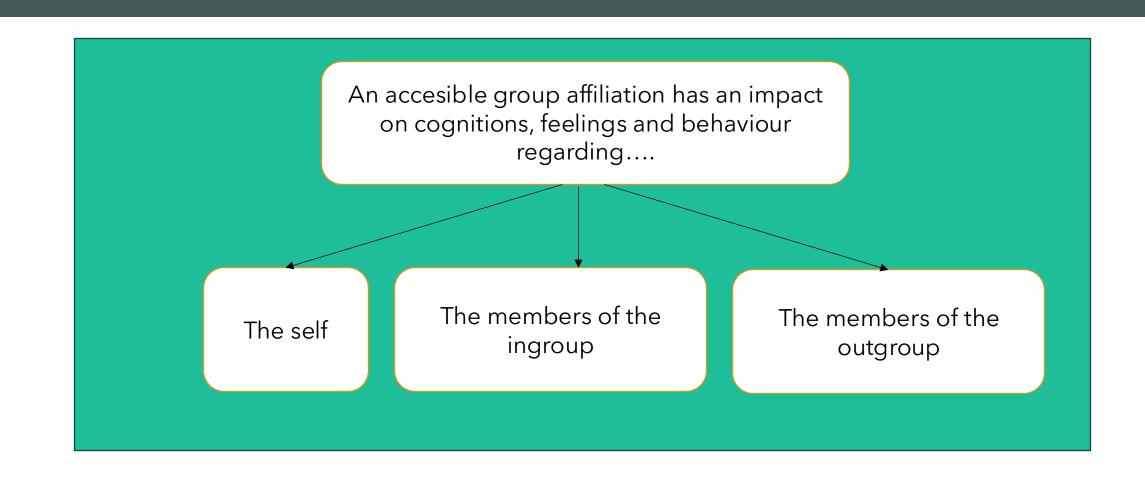
MINIMAL GROUP PARADIGM (Billig y Tajfel, 1973)

Experimental situation where participants are divided into groups in an arbitrary way, in the absence of previous group history, conflict of interest or stereotypes.

Results: A simple arbitrary classification can stimulate favoritism towards ingroup members compared to outgroup.



Effects of the group affiliation: self, ingroup and outgroup



Effects of group affiliations on the SELF:

An accesible group affiliation impacts on cognitions and behaviours related to the SELF

PERCEPTION
We see ourselves as a group
prototype

SELF ESTEEM
We obtaine self esteem
from the group

Effects of group affiliations on the INGROUP

An accesible group affiliation impacts on cognitions and behaviours related to the INGROUP MEMBERS

COGNITION

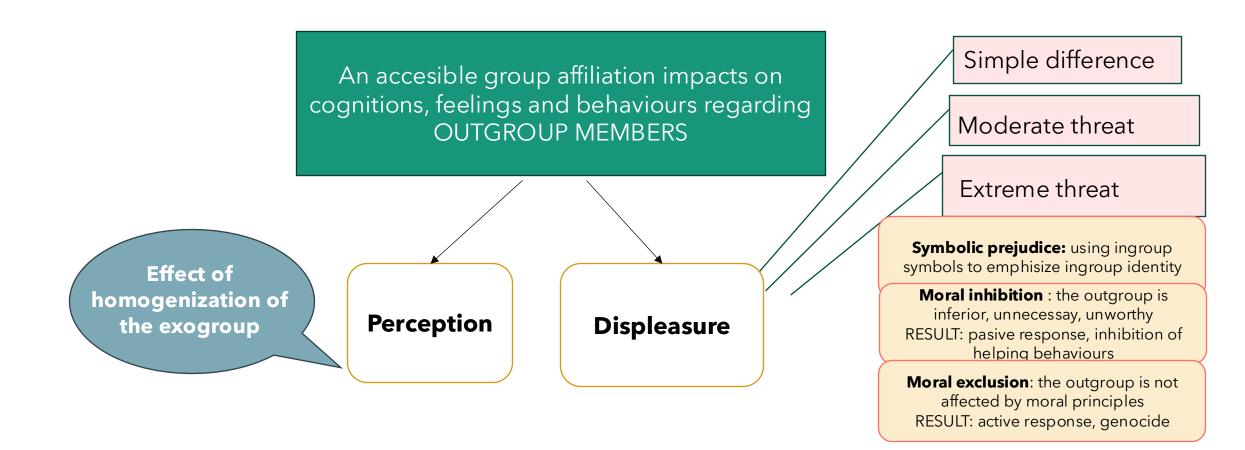
We perceive other members of the ingroup more similar to us



BEHAVIOUR

More "positive" behaviors directed towards ingroup members: ingroup bias

Effects of group affiliations on the OUTGROUP



Analyzing the effects of group affiliation in real conflictive contexts

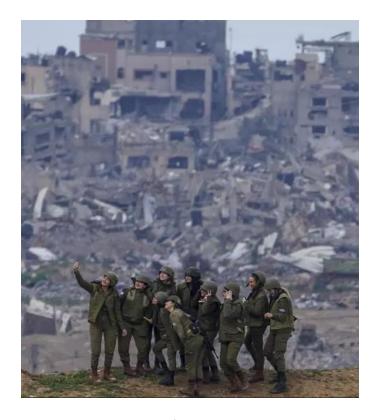
In the next two pictures, different groups with powerful social identities are represented. Based on what you have learned about cognitive, emotional and behavioral effects of group affiliation, write a brief comment (10 lines) on each picture using the following structures:

- From the perspective of X/Y group, homogeneity can be perceived in X/Y group because of....
- Ingroup favoritism can be expected among X/Y group in terms of...
- Simple difference/moderate threat/extreme threat may lead in X / Y group to symbolic prejudice / moral inhibition / moral exclusion examples, such as...

Analyzing the effects of group affiliation in real conflictive contexts



Picture 1: Inside a prisson in El Salvador



Picture 2: A selfie in Israel-Gaza war

How to explain the effects of group affiliations?

SOCIAL IDENTITY THEORY (Tajfel y cols., 1971):

Preference for ingroup members makes as feel good: it increases our self-esteem

Ingroup bias is explained as the result of the need to produce self-esteem based on group affiliations.

Research shows that outgroup discrimination do not result in an increase of self esteem

¿INGROUP FAVORITISM= OUTGROUP PREJUDICE?

Can all (them and us) be perceived as "good"?

Effects of affiliating to a negative social group

When group affiliation refers to a group negatively percieved by society, affiliation may have a negative effect on individual identity.

But belonging to a negative group does not necessarily imply a self-esteem decrease

HOW DO MEMBERS OF NEGATIVE GROUPS PROTECT THEIR SELF-ESTEEM?

ATRIBUTION

INGROUP COMPARISON

SOCIAL MOBILITY SOCIAL CHANGE

Effects of affiliating to a negative social group

